**Handout 7: Health Consequences of Gender-Based Violence on Women**

### Health Outcomes of Violence against Women and Girls

#### Nonfatal Outcomes

**Physical consequences**
- Injuries
- Functional impairments
- Permanent disabilities

**Negative health behaviours**
- Alcohol and drug abuse
- Smoking
- Sexual risk-taking
- Self-injurious behaviour

**(Psycho-)somatic consequences**
- Chronic pain syndrome
- Irritable bowel syndrome
- Gastrointestinal disorders
- Urinary tract infections
- Respiratory disorders

**Consequences for reproductive health**
- Pelvic inflammatory diseases
- Sexually transmitted diseases
- Unwanted pregnancy
- Pregnancy complications
- Miscarriage/low birth weight

#### Fatal Outcomes

- Fatal injuries
- Killing
- Homicide
- Suicide

**Psychological consequences**
- Post Traumatic Stress Disorder
- Depression, Fears, Sleeping disorders, Panic disorders
- Eating disorders
- Low self-esteem
- Suicidal tendencies